

Health Professionals' Services Program Program Guidelines

Title: Toxicology Testing Exemptions

Pages: 2

Revision Date: 5/15/2013; 4/19/2013; 9/25/2012; 11/16/2010

Guideline:

- 1 **11/16/10-Requirement determined in conjunction with the Health Professionals' Service**
2 **Program committee comprised of representatives of the Department of Human Services, and**
3 **the Board of Dentistry, Board of Nursing, Board of Pharmacy, and Medical Board.**
- 4 **9/25/12 –Requirement revisions accepted by the Advisory Committee comprised of**
5 **representatives from the Oregon Health Authority, the Board of Dentistry, the Board of**
6 **Nursing, Board of Pharmacy and Medical Board.**
- 7 1. A licensee may request a travel exemption from toxicology testing if all of the following conditions
8 have been met:
- 9 a. The request must be made at least two weeks prior to time requested. Testing requests not
10 made within the two week timeframe may not be considered.
- 11 b. The licensee must give HPSP the dates requested, and the city, state, and zip code of where
12 the licensee will be staying. HPSP may request a copy of the licensee's itinerary or proof of
13 travel.
- 14 c. The request must be for travel in an area where calling the interactive voice response
15 system is not possible and/or a collection site is not available within a 20 mile radius.
- 16 d. The licensee must have a minimum of 9 months in a monitoring program. If the licensee was
17 in a **residential** treatment program 2 weeks prior to licensee's entrance to the monitoring
18 program, the time spent in the treatment program will be included in the 9 month
19 calculation. **Other treatment modalities may be considered as part of the 9 month**
20 **calculation if the treatment included random, observed toxicology testing.**
- 21 e. The licensee must have a record of compliance with his/her monitoring agreement and
22 addendums. A licensee must have a minimum of nine months in the HPSP program from the
23 time of the closure of a **non-excused** report of substantial non-compliance to be eligible to
24 request a testing exemption.
- 25 f. All treatment providers must approve the licensee's request, in addition to the licensee's
26 agreement monitor. If the agreement monitor has questions if the request meets the
27 requirements of the Guidelines, the agreement monitor may review the case at the
28 Agreement Monitors meeting or consult with a manager.

- 29 g. The licensee will be required to have a toxicology test upon return from testing exemption.
- 30 2. A licensee is able to use up to 21 testing exemption days per year, except in the first year of the
- 31 program. For the first year, the licensee may not request exemption days until the licensee has been
- 32 in the program and compliant for nine months. For the remaining 3 months of the licensee's first
- 33 year in the program, the licensee will be entitled to 10 exemption days. At the licensee's annual
- 34 review date, which is the anniversary of the date of full enrollment, the licensee will be entitled to
- 35 21 exemption days. For licensees who have previously planned longer vacations during the last
- 36 three months of their first year, the requests may be reviewed and approved at the agreement
- 37 monitor meeting or staffed with a supervisor on a case by case basis.
- 38 3. If a testing exemption is not approved, then the standard vacation policy applies as follows:
- 39 a. The licensee may travel to a location where the licensee is able to call the Interactive Voice
- 40 Response (IVR) or log on to the website on a daily basis.
- 41 b. The licensee must make a request for collection sites at least two weeks in advance of the
- 42 proposed travel.
- 43 c. The licensee needs to give the monitoring program the dates of travel, and the city, state
- 44 and zip code of where the licensee will be staying.
- 45 d. Licensee will need to take a paper Chain of Custody form to the collection site. No travel kit
- 46 is needed.
- 47 4. The IVR and website are accessible from 3:00am Pacific Time -5:00pm Pacific Time. If the IVR system
- 48 is contacted prior to 3:00am or after 5:00pm, the licensee will NOT hear their individualized testing
- 49 message; rather a message will inform each licensee that they've contacted the IVR outside the
- 50 hours of operation. The website provides the same messaging outside hours of operation.