



**Health Professionals' Services Program  
Program Guidelines**

**Title: SoberLink**

**Pages: 2**

**Date: 5/12/2016**

**Guideline:**

- 1        1. SoberLink is an alcohol detection tool used to monitor alcohol consumption by breath  
2        sample. HPSP will administer and monitor SoberLink for HPSP licensees with third party  
3        evaluator recommendations or board requirements for alcohol breath sample  
4        detection. SoberLink may be administered by the provider recommending SoberLink  
5        and in such situations Section 2 is not applicable.
- 6        2. Licensees will directly contact SoberLink at (714) 975-7200 Ext. 212 to obtain the  
7        SoberLink device and to set up connectivity. Licensee will notify SoberLink at this set-up  
8        time that the device will be administered by Uprise Health Monitoring.
- 9        3. Failure to maintain SoberLink connectivity for the duration of the SoberLink third party  
10       evaluator recommendation or board requirement will result in a noncompliance report  
11       for failure to follow monitoring recommendations.
- 12       4. Licensee agrees to follow the SoberLink Client Agreement and refrain from; covering or  
13       obstructing the view of the camera lens during testing, attempting to have another  
14       person blow into the device, attempting to introduce artificial air into the device, and  
15       failing to retest after a non-compliant test is submitted. Violations of these nature will  
16       result in follow-up toxicology and a noncompliance report to the licensee's licensing  
17       board.
- 18       5. Daily test frequency and test collection windows will be set by the Medical Director or  
19       Program Director in coordination with the licensee's agreement monitor and the Policy  
20       Advisory Committee. Test windows will run from no sooner than 15 minutes before a  
21       scheduled test time to no later than 59 minutes and 59 seconds after a scheduled test  
22       time.
- 23       6. SoberLink is used daily Monday through Sunday.
- 24       7. All tests submitted 60 minutes and one second after the scheduled test time will be  
25       considered missed tests and will result in the Agreement Monitor requesting an  
26       immediate urine or blood toxicology test. A licensee may have up to three tests that  
27       were submitted no more than 90 minutes past the scheduled test time within a rolling  
28       three month period that will not be followed up with urine or blood toxicology.
- 29       8. Licensee's agreement monitor may request an on-demand SoberLink test at any time.
- 30       9. Licensee will contact their agreement monitor to report any missed or late tests within  
31       24 hours.



- 32 10. Licensee will provide documentation for any periods of time where the SoberLink device  
33 cannot be used due to non-connectivity including but not limited to periods of air travel  
34 or device malfunction. Licensee will provide 14 days advanced notice of travel that  
35 includes time zone changes. Licensees with SoberLink devices who request exempt days  
36 from urine testing may opt to continue to use their SoberLink device during the  
37 exemption days and such exemption days will still count towards the annual 21  
38 exemption day allotment.
- 39 11. Licensee will provide documentation in situations when missed tests are due to the  
40 licensee's ongoing involvement in patient care or procedure. Missed tests following  
41 patient care or procedures will not result in follow up toxicology when prearranged or  
42 documented. Licensee is expected to submit a SoberLink test as soon as it is safe to do  
43 so. When possible, licensee is to use SoberLink in advance of the patient procedure.  
44 Licensee is to follow-up with licensee's agreement monitor following the episode.
- 45 12. During the first seven days of use, licensees may be extended a seven day grace period  
46 for late or missed tests as the licensee becomes familiarized with the device and  
47 technology. HPSP reserves the right to request immediate breath, urine, and blood  
48 tests during this seven day period.