

Health Professionals' Services Program Program Guidelines

Title: Mental Health Only Track

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Guideline:

- 1 Licensees who enter the Health Professionals Services' Program (HPSP) with a mental health
2 diagnosis and no substance abuse diagnosis will be placed in a Mental Health Only track. This
3 track will consist of the following elements:
 - 4 1. Third party evaluators will be encouraged to recommend the frequency and type of
5 therapeutic interventions in the first 6-12 months. Particular emphasis should be placed
6 on community and social support for recovery from the mental illness.
 - 7 2. Licensees will have weekly voice contact with the AM for at least the first **3** months of
8 participation. It will then be the decision of the agreement monitor to determine the
9 type of weekly contact required.
 - 10 3. The Agreement Monitor (AM) will communicate regularly with the Licensee's mental
11 health (MH) provider by phone, email, or mail and will document the basis for the
12 frequency of contact established. There must be a minimum of monthly contact. In
13 addition, to these regularly scheduled contacts, the MH provider(s) must inform the AM
14 of any change in frequency of visits with the MH provider or changes in MH
15 medications. The MH provider will be the main of source of information regarding
16 licensee's compliance to treatment recommendations and stability.
 - 17 4. The MH providers will receive a letter from the AM outlining the HPSP program and the
18 importance of establishing a risk-collaboration relationship with the AM. This letter is to
19 be followed up with an email and then a telephone call. The PAC must be informed of
20 any provider that is unresponsive for determination of an action plan which could
21 include requiring the licensee changing therapists.
 - 22 5. The AM will discuss with the Licensee's MH provider(s) whether the licensee needs to
23 be tested for ETG.
 - 24 6. The Licensee will provide all potential phone contact numbers and an email address.
25 The AM must have a minimum of two phone numbers for contacting the Licensee.
 - 26 7. Licensees will be tested at least 6 times in the first 6 months of monitoring. Dates of
27 testing will be randomly generated and the licensee can call the IVR or check the

28 website or the AM (or member of her/his team) will contact the Licensee at all possible
29 numbers and by email on the day the licensee is scheduled to test. Licensees. will not
30 be required to call the IVR or check in on line on a daily basis. The AM and licensee will
31 come to a mutually satisfactory agreement regarding the time by which the Licensee
32 may be expected to be contacted on days of testing.